| 25M Pool Wednesday Timetable | | | | | | | |
|------------------------------|---------|---------|---------|---------|--------------|---------|--|
| | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 | |
| 5:00am - 7:00am | ALSC | ALSC | ALSC | ALSC | ALSC | ALSC | |
| 7:00am - 9:00am | Members | Members | Members | Members | Members | Members | |
| 9.00am -12.00pm | Members | Members | Members | Members | Members | | |
| 12:00pm-1:00pm | Members | Members | Members | Members | Summer Camps | | |
| 1:00pm - 7:30pm | Members | Members | Members | Members | Members | | |
| 7:30pm - 8:30pm | ALSC | ALSC | ALSC | ALSC | Members | Members | |
| 8:30pm -9:30pm | Members | Members | Members | Members | Members | Members | |

| Leisure Pool Timetable - Wednesday | | | | |
|------------------------------------|-----------------|--|--|--|
| 7:00am - 10:30am | CLOSED | | | |
| 10:30am - 11:15am | Aqua Aerobics | | | |
| 11:15am - 12:00pm | CLOSED | | | |
| 12:00pm - 9:00pm | Open to Members | | | |