

25M Pool Monday Timetable						
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5:00am - 7:00am	ALSC	ALSC	ALSC	ALSC	ALSC	ALSC
7:00am - 9:00am	Members	Members	Members	Members	Members	Members
09:00am - 12:00pm	Members	Members	Members	Members	Members	
12:00pm - 1.00pm	Members	Members	Members	Members	Summer Camps	
1.00pm - 6.30pm	Members	Members	Members	Members	Members	
6:30pm - 8:00pm	ALSC	ALSC	ALSC	ALSC	Members	Members
8:00pm - 9:00pm	FINGAL TRIATHLON	FINGAL TRIATHLON	FINGAL TRIATHLON	Members	Members	Members
9:00pm -9:30pm	Members	Members	Members	Members	Members	Members

Leisure Pool Timetable - Monday	
7:00am - 10:30am	CLOSED
10:30am - 11:15am	Aqua Aerobics
12:00pm - 9:00pm	Open to Members