

25M Pool Friday Timetable						
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5:00am - 7:00am	ALSC	ALSC	ALSC	ALSC	ALSC	ALSC
7:00am - 9:00am	Members	Members	Members	Members	Members	Members
9:00am - 12:00pm	Members	Members	Members	Members	Members	
12.00pm - 1.00pm	Members	Members	Members	Members	Summer Camps	
1:00pm - 7:30pm	Members	Members	Members	Members	Members	
7:30pm - 8:30pm	ALSC	ALSC	ALSC	ALSC	Members	Members
8:30pm -9:30pm	Members	Members	Members	Members	Members	Members

Leisure Pool Timetable - Friday	
7:00am - 10:00am	CLOSED
10:00am - 10:45am	Aqua Aerobics
10:45am - 12:00pm	CLOSED
12:00pm - 9:00pm	Open to Members