

## Gym

Off Peak Hours	Peak Hours
Mon – Fri	Mon – Fri
7am – 5pm	5pm – 10pm
	Weekends & Bank Holidays
Adult €4.00	Adult €5.00

- Members from 16 years+ can attend gym with restricted access to Cardio Gym only.
- Members must be 18 years+ to attend the weights Gym & Health Suite.
- 16 years+ for the sauna and steam rooms.

#### Pool

Off Peak Hours	Peak Hours
Mon – Fri	Mon – Fri
7am – 3pm & 7pm – 9pm	3pm – 7pm
	Weekends & Bank Holidays
Adults - €5.00 (7-9am & 12pm – 3pm)	Adults - €7.00
Adults - €4.00 (9am – 12pm)	Seniors - €4
Seniors - €4	Child - €4.50
Child - €4.50	
U4's - €3	

## Guests

Off Peak Hours	Peak Hours
Gym - €10	Gym - €12
Swim - €10	Swim - €12
Gym & Swim - €15	Gym & Swim - €18
Child - €5	Child - €6

• All guests **must be accompanied** by an active Sportslink member.

# Squash / Racquetball / Handball

40 minute session €6.00
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# Fitness Classes + Aqua Aerobics

All classes - €6.00 Unlimited classes per week - €19.00
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This DOES NOT include Pilates. Please see reception for more information.

### Other Facilities

Astro	1/3 (€50) 2/3 (€100) Full Pitch (€150)
Tennis Courts	Adult (€8.00) p/h Junior (€6.00) p/h
Table Tennis	€6.00 per hour
Bowls	€4.00 per person per hour
Sports Hall	€55 p/h / Badminton €12.50 p/h
Snooker	€7.50 per table p/h
Child Swim Lessons	€90 for 10 Lessons

#### Adult/Aqua tots/Junior Lifeguard

€100 for 10 Lessons

- For Hall and Astro bookings please contact reception.
- U18's playing snooker must be accompanied by an adult.