

25M Pool Timetable - Monday						
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5:00am - 7:00am	ALSC	ALSC	ALSC	ALSC	ALSC	ALSC
7:00am - 3:00pm	Members	Members	Members	Members	Members	Members
3:00pm - 3:30pm	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Members	Members
3:30pm - 4:30pm	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Members	Members
4:30pm - 5:00pm	Swim Lessons	Swim Lessons	Swim Lessons	Members	Members	Members
5:00pm - 5:30pm	Swim Lessons	Swim Lessons	Swim Lessons	Members	Members	Members
5:30pm - 6:30pm	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Members	Members
6:30pm - 8:00pm	ALSC	ALSC	ALSC	ALSC	Members	Members
8:00pm - 09:00pm	Booked	Booked	Members	Members	Members	Members
9:00pm - 9:30pm	Members	Members	Members	Members	Members	Members

Leisure Pool Timetable - Monday	
7:00am - 10:30am	CLOSED
10:30am - 11:15am	Aqua Aerobics
11:15am - 12:00pm	Adult-Only Leisure Swim
12:00pm - 3:00pm	CLOSED
3:00pm - 9:00pm	Open to Members

