

25M Pool Timetable - Friday						
	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5:00am - 7:00am	ALSC	ALSC	ALSC	ALSC	ALSC	ALSC
7:00am - 3:00pm	Members	Members	Members	Members	Members	Members
3:00pm - 3:30pm	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Members	Members
3:30pm - 4:30pm	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Members	Members
4:30pm - 5:00pm	Swim Lessons	Swim Lessons	Swim Lessons	Members	Members	Members
5:00pm - 5:30pm	Swim Lessons	Swim Lessons	Swim Lessons	Members	Members	Members
5:30pm - 7:00pm	Swim Lessons	Swim Lessons	Swim Lessons	Swim Lessons	Members	Members
7:00pm - 7:30pm	Swim Lessons	Swim Lessons	Members	Members	Members	Members
7:30pm - 7:45pm	Swim Lessons	ALSC	ALSC	ALSC	ALSC	Members
7:45pm - 8:30pm	ALSC	ALSC	ALSC	ALSC	ALSC	Members
8:30pm - 9:30pm	Members	Members	Members	Members	Members	Members

Leisure Pool Timetable - Friday	
7:00am - 11:00am	CLOSED
11:00am - 11:45am	Aqua Aerobics
11:45am - 12:45pm	Adult-Only Open Swim
12:45pm - 3:00pm	CLOSED
3:00pm - 9:00pm	Open to Members

