



25M Pool Timetable - Monday

		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6
5:00-7:00am		ALSC	ALSC	ALSC	ALSC	ALSC	ALSC
07:00	10:00	Lanes	Lanes	Lanes	Lanes	Lanes	Lanes
10:00	11:00	Lanes	Lanes	Lanes	Lanes	Lanes	Lanes
11:00	1200	Lanes	Lanes	Lanes	Lanes	Family	
1200	1245	Lanes	Lanes	Lanes	Lanes	Family	
1300	1430	Lanes	Lanes	Lanes	Lanes	Leisure	
1430	1830	Lanes	Lanes	Lanes	Lanes	Leisure	
1830	2000	ALSC	ALSC	ALSC	ALSC	Lanes	Lanes
2000	2030	Fingal Tri	Fingal Tri	Fingal Tri	Lanes	Lanes	Lanes
2030	2100	Fingal Tri	Fingal Tri	Fingal Tri	Lanes	Lanes	Lanes
	2130	Closed	Closed	Closed	Closed	Closed	Closed

Leisure Pool Timetable - Monday

5:00-7:00am		Closed	Closed	Closed	Closed	Closed	Closed	Closed
07:00	09:15	Closed	Closed	Closed	Closed	Closed	Closed	Closed
09:15	10:00	Closed	Closed	Closed	Closed	Closed	Closed	Closed
10:00	1045	Chilled Leisure Swim (adults only)						
1100	1230	Chilled Leisure Swim (adults only)						
1230	1500	Closed	Closed	Closed	Closed	Closed	Closed	Closed
1500	1600	Open with waves & slides every 30 minutes						
1600	2100	Open with waves & slides every 30 minutes						

LEISURE POOL OPENING TIMES

Mon-Fri: 3pm - 9pm, Sat 9:00am-6pm, Sun & BH: 9am - 6pm