



25M Pool Timetable - Friday

| | | Lane 1 | Lane 2 | Lane 3 | Lane 4 | Lane 5 | Lane 6 |
|-------------|-------|--------|--------|--------|--------|---------|--------|
| 5:00-7:00am | | ALSC | ALSC | ALSC | ALSC | ALSC | ALSC |
| 07:00 | 10:00 | Lanes | Lanes | Lanes | Lanes | Lanes | Lanes |
| 10:00 | 11:00 | Lanes | Lanes | Lanes | Lanes | Lanes | Lanes |
| 11:00 | 1200 | Lanes | Lanes | Lanes | Lanes | Family | |
| 1200 | 1245 | Lanes | Lanes | Lanes | Lanes | Family | |
| 1300 | 1430 | Lanes | Lanes | Lanes | Lanes | Leisure | |
| 1430 | 1930 | Lanes | Lanes | Lanes | Lanes | Leisure | |
| 1930 | 2030 | ALSC | ALSC | ALSC | ALSC | Lanes | Lanes |
| 2030 | 2130 | Lanes | Lanes | Lanes | Lanes | Lanes | Lanes |
| | 2130 | Closed | Closed | Closed | Closed | Closed | Closed |

Leisure Pool Timetable - Friday

| 5:00-7:00am | | Closed | Closed | Closed | Closed | Closed | Closed | Closed |
|-------------|-------|---|--------|--------|--------|--------|--------|--------|
| 07:00 | 09:15 | Closed | Closed | Closed | Closed | Closed | Closed | Closed |
| 09:15 | 10:00 | Closed | Closed | Closed | Closed | Closed | Closed | Closed |
| 10:00 | 1045 | Chilled Leisure Swim (adults only) | | | | | | |
| 1100 | 1230 | Chilled Leisure Swim (adults only) | | | | | | |
| 1230 | 1500 | Closed | Closed | Closed | Closed | Closed | Closed | Closed |
| 1500 | 1600 | Open with waves & slides every 30 minutes | | | | | | |
| 1600 | 2100 | Open with waves & slides every 30 minutes | | | | | | |

LEISURE POOL OPENING TIMES

Mon-Fri: 3pm - 9pm, Sat 9:00am-6pm, Sun & BH: 9am - 6pm