

SPORTSLINK REOPENING 1ST Dec 2020.

Dear Members,

We are delighted to announce our reopening from Tuesday 1st of December as Ireland commences the easing of restrictions and as we enter Level 3 of Irelands Plan for Living with COVID-19. Sportslink is permitted to reopen however there will continue to be restrictions on certain services. These will be outlined clearly on our website and within the centre itself. All members and staff must wear a face mask within the premises with the exception of swimming pool and gym areas or when partaking in sporting activities.

A summary of the current services that are on offer are as follows.

- *Our **Gym** has been allocated user numbers per area for example 10 person's maximum within the free weights area. Staff will ensure all areas do not exceed the allocated amount of spaces per area. All users must be personally responsible to follow best practice when using equipment to help protect each other while increased cleaning and sanitising will remain in place.*
- ***No fitness/Dance/Yoga classes** are permitted within this level. Sportslink will not be offering an outdoor fitness class timetable in December 2020. This will be reviewed January 2021.*
- ***Swimming Pools** will be open with extended opening times to allow for greater usage by members and reduce capacity during busier times. Members will have priority during busier periods and guests may not be permitted during peak times.*
- ***2 Swimming Pools** will be treated as separate areas during busier times to allow for greater spaces for members usage. A wrist band procedure will be in operation with a maximum stay of 60 minutes permitted. Pool swims and gym sessions do not require pre booking. However if usage increases a booking system may be implemented at a later date.*
- *No **swimming classes** are permitted at this stage.*
- *Competitive club swimming can return with Swim Ireland guidelines adhered to at all times.*
- *Newly refurbished **Tennis** courts are now available for bookings through reception.*
- *Newly refurbished **Squash courts** available for bookings under the following guidelines only.*
 - *Individual court booking only (one person)*
 - *Same household booking only (Verified by Members enrolled at reception on arrival)*
 - *1 to 1 coaching only*
- *Outdoor Training: Non-contact training only in pods of up to 15. Exemption for professional and elite sports and intercounty Gaelic games. Please see national governing bodies for specific guidelines.*
- *Bar/Café will remain closed awaiting further clarity on restrictions.*
- *Group functions will not be permitted.*
- *Indoor play area and children's parties will not be open during this period. To be reviewed early 2021.*

Sportslink Management are always seeking further clarifications on activities permitted under Level 3 and will communicate with members as soon as we receive it. In the meantime, we wish members all the best in returning to their favourite leisure activities over the coming days.

Yours in Sport,

The Board of Directors.