

Monday Timetable

5:00-7:00am		ALSC	ALSC	ALSC	ALSC	ALSC	Members
07:00	10:00	Members	Members	Members	Members	Members	Members
10:00	11:30	Members	Members	Members	Members	Members	Members
11:30	1500	Members	Members	Members	Members	Members	Members
	1500	Seahorses	Swim Ass	Members	Members	Members	Members
	1530	Sea Turtles	Stingrays	Seals	Dolphins	Members	Members
	1600	Sea Turtles	Stingrays	Seals	Dolphins	Members	Members
	1630	Sharks	Orca's	Sharks	Orca's	Members	Members
	1700	Sea Turtles	Stingrays	Seals	Dolphins	Members	Members
	1730	Sea Turtles	Stingrays	Seals	Dolphins	Members	Members
	1800	Sharks	Orca's	Adults	Adults	Members	Members
	1830	ALSC	ALSC	ALSC	ALSC	Members	Members
	1900	ALSC	ALSC	ALSC	ALSC	Members	Members
	1930	ALSC	ALSC	ALSC	ALSC	Members	Members
	2000	Fingal Tri	Fingal Tri	Fingal Tri	Members	Members	Members
	2030	Fingal Tri	Fingal Tri	Fingal Tri	Members	Members	Members
	2100	Members	Members	Members	Members	Members	Members

LEISURE POOL OPENING TIMES

Mon-Fri: 3pm - 9pm, Sat 9:30am-6pm, Sun & BH: 10am - 6pm