

Friday Timetable

05:00	07:00	ALSC	ALSC	ALSC	ALSC	Members	Members
07:00	10:00	Members	Members	Members	Members	Members	Members
10:00	13:00	Members	Members	Members	Members	Members	Members
13:00	13:45	Members	Members	Members	Members	Members	Members
13:45	1500	Members	Members	Members	Members	Members	Members
	1500	Seahorses	Swim Ass	Members	Members	Members	Members
	1530	Sea Turtles	Stingrays	Seals	Dolphins	Members	Members
	1600	Sea Turtles	Stingrays	Seals	Dolphins	Members	Members
	1630	Sharks	Orca's	Sharks		Members	Members
	1700	Sea Turtles	Stingrays	Seals	Dolphins	Members	Members
	1730	Sharks	Orca's	Sharks		Members	Members
	1800	Sea Turtles	Stingrays	Seals	Dolphins	Members	Members
	1830	Coaching	Members	Members	Members	Members	Members
	1900	Members	Members	Members	Members	Members	Members
	1930	ALSC	ALSC	ALSC	ALSC	Members	Members
	2000	ALSC	ALSC	ALSC	ALSC	Members	Members
	2030	ALSC	ALSC	ALSC	ALSC	Members	Members
	2100	Members	Members	Members	Members	Members	Members
	2130	Members	Members	Members	Members	Members	Members

LEISURE POOL OPENING TIMES

Mon-Fri: 3pm - 9pm, Sat 9:30am-6pm, Sun & BH: 10am - 6pm